1. How does lactoferrin and ovoferrin protect young?
2. Why do we still have hemochromatosis today?
3. Why is cystic fibrosis more common in people of European descent?
4. What does brown fat do for bodies?
5. Why is blood sugar higher in winter months?
6. What does one’s skin color have to do with Vitamin D?
7. Why can birds consume peppers easier than mammals?
8. Describe the life cycle of the guinea worm.
9. How does streptococcus cause your body to attack itself?
10. How much of your DNA is actually used in each cell of your body?
11. What is the younger Dryas?
12. If we only have about 25,000 genes, how do we have 100,000+ proteins?
13. Explain McClintlock’s transposons or “jumping genes.  What are they and what causes them to jump?
14. Explain how breastfeeding is important for a baby’s immune system?
15. What is reverse transcriptase?
16. What is a HERV and how much do you have?
17. How did the Nazi’s contribute to the Barker hypothesis?
18. What are the two types of progeria and how do they differ?
19. Why is a baby’s head and a woman’s pelvis an imperfect fit?
20. What are your thoughts on this book?

Have a great summer!